



Join Our **GIRLS ONLY FLAG LEAGUE**

● **NOVEMBER - JANUARY**



Girls Fall Flag Football League
Focus on Fun and Fundamentals!

**JOIN
NOW**

WWW.FOOTBALLMANITOBA.COM



Football Manitoba Girls Fall Flag Football League:

Attention all Football enthusiasts! 📣

The Football Manitoba Girls Fall Flag Football League is gearing up for an exciting season, and we want YOU to be part of it! Whether you're a seasoned player or just looking to try something new, this is your chance to shine on the field.

 Important Dates to Remember:

Practice Date:
November 3

Game Days:
November 10 & 24
December 8, 15
January 5

Finals:
January 12

Times: 2:30 - 6:30

Divisions:

BLUE DIV - Born 2013/14/15
GOLD DIV - Born 2010/11/12
HIGH SCHOOL - Grades 9-12

We're excited to offer three competitive age divisions to ensure everyone has a chance to play and develop their skills. Each division will compete for the championship title, so bring your A-game and make this season unforgettable!

How to Register:

<https://flagmanitoba.com/fall-season/>

ensure you secure your spot early. Don't miss out on the fun and the chance to showcase your skills!

If your daughter is in the Gold Division - Born 2010/11/12 and would like to join a team from HC Avery use code QZQH3638

Please note you don't have to be from HC Avery to join the team. Just need to be born in 2010/2011/2012

If you would like to create and coach your own team at any girls age group, please contact Neil Hansen at technical@footballmanitoba.com or 204.925.5671

GIRLS DIVISIONS \$100.00 per player (includes 2 game (home/away) jerseys)
Memberships and Insurance – \$40.20 if did not play in the spring or winter season of 2024.
6 Game season

Remember the flag football fall season receipt can be saved to be used toward to Fitness Tax Credit for Youth

All of our programs are eligible for KidSport or Jumpstart funding. For questions regarding financial assistance please email sparker@footballmanitoba.com

All Games take place SUNDAYS at the U of W Recplex.

The following times are guidelines and can vary slightly based on the number of teams in each age group.

BLUE AND GOLD Divisions 2:30PM - 4:30PM

HIGH SCHOOL Division 4:30PM - 6:30PM

What do I need to provide?

- Good indoor running shoes or cleats (soccer or football) and lots of energy!
- Solid colored shorts without pockets. (These can be purchased during the registration process) If you are lucky enough to find shorts without pockets elsewhere, be sure that they are a solid color (with no stripes).

Whether you're looking to make new friends, improve your game, or just have a blast, the Girls Fall Flag Football League has something for everyone. We can't wait to see you on the field!

  #GirlsFlagFootball #FootballFun #GetInTheGame #footballmanitoba #flagfootball